

# **SOUTH CAROLINA VITALS**

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**Hey everyone! The state board just got back from the mid-year convention in Kansas City, MO. We all learned quite a bit and represented South Carolina with pride and humor. By the first night of the convention, everyone knew who South Carolina was! By the second night our bearded ladies put us on the map! We can't wait until the annual convention in Texas, so start gathering up your posse and get ready to saddle up and represent the great state of South Carolina (yee-haw)!**

## **NCLEX CORNER**

The nurse is discharging a client diagnosed with DVT from the hospital. Which discharge instructions should be provided to the client?

1. Have the PTT levels checked weekly until therapeutic range is achieved
2. Staying at home is best, but if traveling, airplanes are better than automobiles
3. Avoid green leafy vegetables and notify the HCP of red or brown urine
4. Wear knee stockings with an elastic band around the top

Answer: (3)

**What is the purpose of the Myoglobin test?**

**To detect myoglobin protein, which is released in high**

**amount during skeletal or  
cardiac muscle injury**

**What is demyelination?**

**Destruction or removal of the myelin sheath of nerve tissue, seen in Guillain-Barre syndrome, multiple sclerosis, and many other neurological diseases.**

**Why is warfarin sodium (coumadin) used?  
-reduces the ability of blood to clot**

**\*Don't forget to mark your calendars for our leadership conference in February and the national convention in Galveston, TX in March!!!!**

**December 1<sup>st</sup> is National AIDS Awareness Day.  
Please show your support and wear your ribbons next  
week!**